



AUDIT C Overview and Scoring Instructions

1) Hand out the AUDIT-C screening tool to all patients 18 years and older.

3. How often did you have a drink containing alcohol in the past year?	Never 0	Monthly or less 1	2 to 4 times a month 2	2 to 3 times a week 3	4 or more times a week 4	
4. How many drinks containing alcohol did you have on a typical day when you were drinking in the past year?	None 0	1 or 2 drinks 0	3 or 4 drinks 1	5 or 6 drinks 2	7 to 9 drinks 3	10 or more drinks 4
5. How often did you have <u>6 or more</u> drinks on one occasion in the past year?	Never 0	Less than monthly 1	Monthly 2	Weekly 3	Daily or almost daily 4	

2) After the patient has completed, add the numbers under each answered question and add them together to obtain a total score.

3. How often did you have a drink containing alcohol in the past year?	Never 0	Monthly or less 1	2 to 4 times a month 2	2 to 3 times a week 3	4 or more times a week 4	
4. How many drinks containing alcohol did you have on a typical day when you were drinking in the past year?	None 0	1 or 2 drinks 0	3 or 4 drinks 1	5 or 6 drinks 2	7 to 9 drinks 3	10 or more drinks 4
5. How often did you have <u>6 or more</u> drinks on one occasion in the past year?	Never 0	Less than monthly 1	Monthly 2	Weekly 3	Daily or almost daily 4	

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3) AUDIT-C Scores that trigger counseling and further assessment are the following:

- a) **Brief preventive alcohol counseling:** utilizing the Alcohol and Health Brochure:
 - ≥ 3 points women
 - ≥ 4 points men
- b) **Add assessment utilizing** the Alcohol Symptom Checklist (Section 2-Document 2a)
 - ≥ 7 points for any patient

*The score of the example is 7. This patient would then be given the Alcohol Symptom Checklist for completion

Drinking above the recommended limits:

Patients whose AUDIT-C score is as follows:

- 3-6 for Women and Adults 65 years and older
- 4-6 for Men

High-Risk Drinking:

- Any patients whose AUDIT C Score is 7-12

